

**STRATEGIC PLAN
of the Diabetes Advisory Council
and the Florida Alliance for Diabetes Prevention and Care
for Improvement of the Florida Diabetes Health System**

BACKGROUND

In July 2007, state-level partners in Florida's diabetes health system participated in the 2007 Diabetes Assessment Congress, an intensive, two-day strategic planning session. They produced recommendations for Obesity Detection and Management, Pre-diabetes Detection and Management, and Diabetes Detection and Management. The Congress' overarching recommendation was to take a balanced approach consisting of both upstream and downstream interventions.

In November 2007, members of the governor-appointed Diabetes Advisory Council and the Leadership Council of the statewide, grassroots coalition, the Florida Alliance for Diabetes Prevention and Care, continued the strategic planning process. They focused on upstream (pre-diabetes) and downstream (diabetes). This focus acknowledged both that obesity is a key factor in the development of pre-diabetes and diabetes, and that other partners exist outside the diabetes health system whose primary purpose is obesity prevention and control. The Department of Health - Obesity Prevention and Control Program and Diabetes Prevention and Control Program will continue integration of goals and activities to maintain and enhance coordinated efforts.

Members of the DAC and the Leadership Council participated on both workgroups – upstream and downstream – because both groups can impact the system at multiple points with different approaches. The DAC is instrumental in recommending and pursuing legislative and policy changes, while the strength of the Alliance is in increasing communities' ability to enact change.

Participants agreed on two goals that both the DAC and Alliance will work toward achieving:

- Increase the diagnosed prediabetes rate from 1.2% to 10% by December 31, 2013 (upstream).
- Increase by 5% the number of persons with diabetes who receive diabetes self- management education (downstream).

The importance of the upstream goal is to increase the ability of system partners to delay or prevent the onset of diabetes and its complications. Studies such as the Diabetes Prevention Program show that people with pre-diabetes can return to normal glycemic control through diet and exercise, sometimes augmented with medicine.

The importance of the downstream goal is to prevent or delay complications of diabetes in people who have the disease. State and national analyses of BRFSS data demonstrate that getting diabetes self-management education is the single consistent factor in predicting whether a person with diabetes achieves other disease management goals such as annual eye and foot exams, A1c tests, and flu shots.

Both the upstream and downstream groups brainstormed ways for the DAC and the Alliance to impact the goals. Recommendations from the downstream workgroup included the following actions:

Recommended actions for DAC:

- Explore possibility / cost of adding to behavior survey-BRFSS.
- Explore the statute r/t DSME compliance-wording, avenues determining level –Legislative committee work with AHCA to revise to reflect ADA guidelines
- Create workplace committee
- Get patients to come to course
- Identify existing resources
- Barriers discussion
- Community level

Recommended actions for the Alliance:

- Work with DAC on BRFSS
- Work to define effective DSME
- Data Committee will explore FMQAI as new data collection devise
- Develop/explore tools to expand access to education
- Create a vehicle to get tools out to community-Education Committee
- Conduct Alliance meeting around the state – Leadership Council & Partnership & Legislative Committee-“Town Hall” type meetings (define)

- Find funding for meetings-Partnership Committee
- Education committee to fully utilize Chronic Disease Self Management Model-available training at the state
- Identify policy needs in order to increase access to DSME.

Recommended actions for the DAC and the Alliance to undertake together:

- Set long-term and short-term goals
- Create a worksite wellness committee composed of both DAC and Alliance members
- Business Alliance as partner
- Annual joint meeting to touch base on action plans and progress toward goals
- Establish a “contract” with the Department of Health
- Determine the level of staff support from the Department of Health
- Determine the level of member involvement for both the DAC and the Alliance

Recommendations from the upstream group included the following actions:

Recommended actions for the DAC:

- Follow up on recommendations to determine why recommendations are not accepted, why we aren’t being successful so we can become successful in the future.
- Include worksite wellness discussion when sharing recommendations with the Surgeon General.
- Develop a policy recommendation to require diabetes/pre-diabetes CEUs and CMEs.
- Develop a policy recommendation regarding appropriate screening, including identifying evaluation and by whom the screening will be done.
- Develop a policy recommendation for the Gap to give Medicaid a protocol for DSME.

Recommended actions for the Alliance:

- Reach out to pharmacists as community partners and encourage their participation on the Alliance.

Recommended actions for the DAC and the Alliance to undertake together:

- Request CEUs contain information on pre-diabetes and promote these educational opportunities to health professionals.
- Promote worksite wellness as a venue for diabetes and pre-diabetes self-management education. (Reference: CDC’s curriculum, Diabetes at Work)
- Encourage counties to develop and include a health component in their comprehensive plans.

At the conclusion of the joint strategic planning meeting, the DAC and Leadership Council met individually to discuss ways they could impact the two goals.

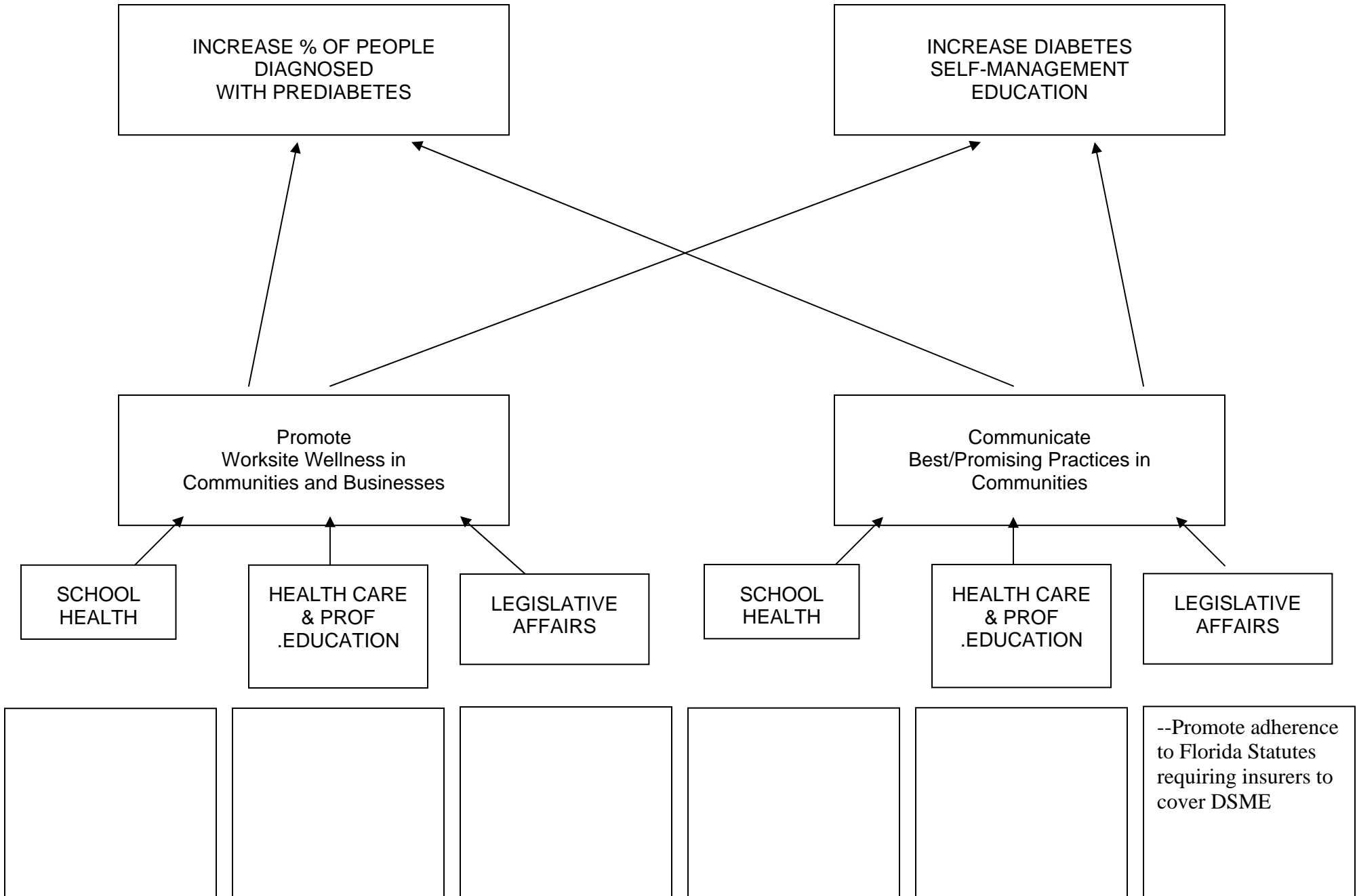
DIABETES ADVISORY COUNCIL

INSERT

ALLIANCE

A draft outline for action for the Alliance is attached.

DIABETES ADVISORY COUNCIL
DRAFT OUTLINE FOR ACTION – 2008-2013



**FLORIDA ALLIANCE FOR DIABETES PREVENTION AND CARE
DRAFT OUTLINE FOR ACTION – 2008-2013**

