Florida Alliance for Diabetes Prevention and Care
Leadership Council Quarterly Meeting
August 8, 2006
Tampa, Florida

MINUTES

Members Present
Pauline Ellis, American Diabetes Association - Florida
Mike Hill, Northwest Florida and Big Bend Health Councils, Inc.
Tammie Johnson, Department of Health (Ex-Officio)
Rachel La Croix, Agency for Health Care Administration
Bonnie Mason for Ferdie Richards, FMQAI
Ed Shahady, MD, Florida Academy of Family Physicians

Guests
Kim Bertron, Chair, Diabetes Advisory Council
Ron Brookins, Community Health Advocacy Partnership (CHAP)/STEPS
Rich Curtin, Pinellas County Health Department (CHD)/STEPS
Rita Diaz-Kenney, Florida Project Officer, CDC Division of Diabetes Translation
Laura Macione, Eli Lilly and Company
Linda O'Neil, Osceola CHD
Sybil Reibling, Polk CHD
Deborah Shaffer, Pinellas CHD/STEPS
Nikole Souder-Schale, American Heart Association
Natalie von Suskil, Manatee CHD

Diabetes Prevention and Control Program (DPCP) Staff
M.R. Street

I. Welcome and Announcements

Ms. Ellis, Chair-Elect, called the meeting to order at 12:17 p.m.

Ms. Street asked those participants requesting reimbursement to complete their vouchers and turn them into her today. She also stated that the worksheets, along with a receipt, must be sent in within the next two weeks at the latest. If no receipts, signed worksheets can be turned in today.

II. Minutes

Mr. Hill moved to approve the minutes of the January 10 meeting. Ms. Johnson seconded. The minutes were approved unanimously.

III. Reports of officers, boards, and standing committees

A. Chair: Mr. Lombardo (Not present)

B. Chair-elect: Ms. Ellis (None)

C. Past chair: Dr. Deeb (Not Present)

D. Community Partnerships Committee (Ms. Street for Phyllis Bruno): Ms. Street stated that Ms. Souder-Schale, Ms. O'Neil, Ms. Mason, Mr. Curtin and herself met as the committee. The committee discussed the links between diabetes and cardiovascular disease and depression; health disparities collaboratives; DOH's insulin distribution program; ways to involve more partners in the Alliance, and ways to increase involvement of current partners. Suggestions included:

- Pull information off the web to share with members

- The AHA is funding 45 schools to increase their ability to provide physical activity opportunities.
- Get involved in school health advisory councils, local AHA chapters (volunteers can talk to diabetes patients about cardiovascular health), cooperative extension agents, Closing the Gap grantees.

Discussion: The Leadership Council discussed the correlation between diabetes and heart disease. Local collaborations and potential collaboration partners were discussed. Mr. Hill stated that he operated a federally qualified health center and that the FQHCs were required to join one of four on-going national collaborations, one of which is Diabetes. He suggested that the Alliance contact the state association to assist in contacting the FQHCs about becoming members of the Alliance. It was also noted that the Osceola CHD operated an FQHC and was enrolled in the Diabetes Collaborative.

Ms. Johnson reported that the Bureau of Pharmacy and the Department had requested $6 million for the insulin distribution program. The program was designed for individuals up to 200 percent of poverty, although currently the program is limited to those clients at or below 100 percent of poverty. It was stated that the insulin distribution program needed to revert to serve these clients. The Leadership Council may request a meeting with the DOH to discuss concerns about allocations and qualifications for participation in the insulin distribution program.

E. Data Committee: Ms. Macione reported the Data Committee report had developed data sets and was looking at outcomes and discussing Medicaid reform and the need for standardization for diabetic education and self-management. The need for increased pharmaceutical intervention and the need for pharmacists to become more involved was discussed. It was suggested that some pharmacists might wish or need to be trained as diabetic educators. It was suggested that diabetic education courses be offered as a part of the curriculum for pharmacy students.

The Data Committee will be reviewing CMS Therapy Management during the next quarter.

F. Education Committee: Dr. Shahady was recognized to report on the Education Committee meeting. He reported that the committee had developed a draft grant proposal for education demonstration projects and distributed copies of the draft to the Alliance members. The proposal an outcome of the Education Roundtable held at the Marco Island meeting in May 2005. The grant proposal as presented proposes to provide small grants for start-up or demonstration pilot projects and to provide a venue for sharing the results of the demonstration projects. The proposal contained a list of nine potential educational activities for consideration and a recommendation from the Education Committee to the Alliance to narrow the list to three activities. Additionally the proposal suggested an application process, established the number and amounts of individual awards, the selection process for grant recipients and a recommended budget.

The Alliance determined that the primary focus of the grant program should be the education and training to community health workers. In the discussion it was recommended that a separate body be used to review grants and that recipients be funded up to $5,000 based on a needs assessment. It was suggested that the committee's proposal be reworked for consideration for funding in the November grant cycle for award in March 2007. It was also reported that Center for Chronic Disease would be level funded in the coming budget year.

G. DPCP: Ms. Johnson reported that three sessions of Diabetes Today were held and training presented to approximately 50 citizens around the state.

Based on research findings in the Tampa/Orlando areas, little information regarding diabetes prevention is available to the Hispanic community. As a result a project was developed to convert traditional Hispanic recipes to "Healthy Hispanic Recipes." The project is scheduled for implementation during September 2006. Dietitians modified traditional Cuban, Mexican and South American recipes to reduce fats, cholesterol and sugar content. In addition, a booklet was produced that explains the reasons for healthy eating.

Other activities included developing lessons for low-literacy individuals, using flex cutting boards and "spoodles" (ladles used in portion control) as gifts for participation. Program evaluation will be carried out using a mail-in postcard.

Ms. Johnson announced a partnership between DPCP and St. Pete College to provide web-based modules offering CME and CEU credits at no cost to physicians, nurses and dietitians. A diabetes education module is included in the core program. Credit is obtained by completing each module and its accompanying evaluation.

Ms. Johnson announced that approximately $900,000 in "Closing the Gap" grants had been awarded to eight counties. The individual grants awarded range from $75,000 to $125,000 each.

Ms. Ellis reported that 9 hours of Diabetes Self Management education us being provided by the University of Florida ISFAC program. The program is funded at approximately $5,000 per county and concentrates on nutrition. The program was piloted during 2005 and produced significant decreases in the BMIs of program completers. The program will be offered in 17 counties between August 2006 and June 2007. The cost of the program is $75 per person and fee waivers are provided for low-income individuals. The program is evaluated using pre and post tests. It was reported that Bay County had 79 individuals complete the program. Ms. Ellis stated she hoped the program curriculum could be expanded to train instructors.

Ms. Street reported that in the past, the three standing committees had met monthly via conference calls. She reported that the schedule had ended in December 2005 and inquired if the committees wished to re-establish the conference calls for committee meetings. It was the consensus of the group that committee meetings held via conference call would be beneficial. Ms. Street said she would set up conference call schedules and determine meeting date preferences via email.

IV. Old business

A. Educational Forum Recap: Ms. Street reported on the Educational Forum evaluation. As a result of the forum Alliance membership had grown from 100 members to 207 members, which means it has doubled since May 2006. Participant evaluation comments were all positive with the session conducted by Dr. Shahady on the Master Clinician program receiving the highest marks.

Comments suggested that the workgroup round tables were well received by the participants and that the committee reports provided participants good background into the structure and purposes of the Alliance. It was also stated that the forum provided participants with much needed information regarding local community resources. Suggestions for improving the forum included:

- Clearly defining the purpose of the Forum. Some attendees thought it was a Train the Trainer session

- Providing more time for round table discussions
- Earlier and better notice of the Educational Forum
- Improved room acoustics (separate rooms for each round table discussion)
- Provide microphones for audience participation and better sound system
- Showcase "How to get involved" and "Best Practices" activities

Ms. Street reported that traffic at the Alliance's Education and Membership booth had been high and was well received.

B. Ms. Street reported that she had pads of membership applications available and that she would mail pads to the Alliance members upon request.

V. New business

A. Ms. Johnson announced that the DPCP will provide $2,500 for the next Educational Conference and that planning activities will begin soon. Ms. Ellis stated that the planning committee should include representatives from other committees, and each committee should take the responsibility for part of the program. Ms. Macione (Data Committee) and Mr. Brookins (all three committees) agreed to be on the planning committee.

Expanding the conference to a full day was recommended. It was suggested that the Educational Conference be advertised in the ADA Conference Program and that the Educational Conference be accredited. A call for papers to be presented at the conference will be forthcoming.

Dr. Shahady moved that the Alliance's Educational Conference be held in conjunction with the ADA Southern Regional Conference on May 24, 2007 in Orlando. Mike Hill seconded the motion and it passed.

B. Ms. Johnson announced that the DPCP will provide $20,000 for minigrant funding of community projects as recommended by participants at the 2006 Educational Forum. DPCP will work out details of a bid process with assistance from the Leadership Council.

C. Ms. Ellis stated that the Leadership Council should revisit the old goals and objectives and come up with clearly defined goals and objectives for 2007.

D. Ms. Street reminded the Leadership Council that Rob Lombardo, Chair, had requested the elections timeframes in the bylaws be adjusted to allow for installation of officers at the annual Educational Forums. Ms. Street will prepare a summary of needed changes for the Leadership Council to consider at the November meeting.

VI. Public comment

Ms. Reibling distributed copies of emergency tips compiled by the Polk County Health Department. The tip sheet, in English and Spanish, was prepared to help people with diabetes and their caregivers prepare for hurricane season and other emergencies.

VII. Adjournment

The next meeting will be held in Tampa on 11/7/2006.

The meeting was adjourned at 2:57 P.M. EDT.